

# Silky Chocolate Pudding

## *Ingredients*

- 1, 16-oz package of silken tofu
- ½ cup unsweetened cacao powder
- ¼ cup pure maple syrup
- 1 tsp vanilla extract
- a pinch of salt (optional)

## *Instructions*

1. Place ingredients in food processor or blender.
2. Blend until smooth.
3. Serve with fresh or frozen berries.

